The supplication on Saturdays

This dua from Imam Zainul Abideen is to be recited on Saturdays

In the Name of Allah, the All-beneficent, the All-merciful.

"In the name of Allah," the word of those who hold fast to Him,

the speech of those who seek His protection

I seek refuge in Allah, high exalted is He, from the injustice of the unjust,

the trickery of the enviers,

and the oppression of the wrongdoers,

and I praise Him beyond the praise of the praisers!

O Allah, You are the One without partner,

and the King without having been made sovereign;

no one opposes You in Your decree

and no one contests You in Your kingdom.

I beseech You to bless Muhammad and his Household,

Your servant and Your messenger,

inspire me with a thanksgiving for Your favors

that You take to the utmost limit of Your good pleasure,

help me to obey You,

hold fast to worshiping You,

and deserve Your reward,

through the gentleness of Your solicitude

have mercy upon me, bar me from acts of disobedience to You as long as You keep me alive,

give me success in what profits me as long as You spare me,

expand my breast through Your Book,

lessen my burden through its recitation,

bestow upon me health in my religion and my soul,

estrange not my intimates from me,

and complete Your beneficence in what is left of my lifetime,

just as You have shown beneficence in that of it which has passed!

O Most Merciful of all those who show mercy!